

Valentine Play Dough

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The Big Idea

Play dough is a favorite activity for preschoolers and something that can be used in a variety of ways. Naming the play dough Valentine Play Dough calls attention to the popular holiday in February. A child can enjoy using his hands to roll and shape the play dough. Include conversation about friends to remind boys and girls that the Bible says **A friend loves at all times** (Proverbs 17:17).



Supplies for Valentine Play Dough:

- ingredients and supplies for play dough recipe (See underlined items in recipe printed below.)
- 1 small bottle red food color

Note: Prepare copies of the recipe to give to parents.



Things to Gather

Valentine Play Dough

Basic Play Dough Recipe:

- 1 cup flour
- 2 teaspoons cream of tartar
- 1 tablespoons cooking oil
- 1/2 cup salt
- 1 cup water

Mix the flour, salt, and cream of tartar together. Mix the cooking oil in the water and add to the dry ingredients. Stir with wooden spoon and pour mixture in a nonstick pan. (Ingredients may be mixed in the pan.) Stir constantly until dough pulls away from the sides of pan. This process takes about 3 minutes. Empty dough onto waxed paper. Knead until smooth and cool. Store in a zip-lock bag.

1. Make one recipe of Basic Play Dough for white play dough. Mix ingredients and prepare according to directions for cooking and storing.
2. Prepare another recipe of Basic Play Dough; add: 1 small bottle red food color.

Mix ingredients and prepare according to directions for cooking and storing.

Roll the dough into long rope shapes. Use one roll of white play dough and one roll of red play dough to twist and shape into a heart. Show a child how to use a ball of play dough to start making the rope. When guiding a child to shape the play dough, refer to the rolls as ropes rather than snakes. Talk about seeing heart shapes during the month with the holiday, Valentine's Day.



Put it Together